CAREER INSIGHTS & GUIDANCE



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THE MAIN CHALLENGES FACING GRADUATE EMPLOYABILITY TODAY

I believe the main challenge facing graduate employability in Malaysia is the gap between academic knowledge and industry readiness. Many graduates possess strong theoretical foundations but lack practical exposure, professional certifications and soft skills. Additionally, limited career awareness beyond traditional roles restricts opportunities in emerging areas. A proactive mindset and stronger industry engagement are crucial to enhance graduate competitiveness and long-term career sustainability.

ADVICE FOR STUDENTS IN PREPARING FOR THEIR FUTURE CAREERS

I strongly encourage students to align academic knowledge with industry certification and practical experience. Students should build professional networks, pursue coaching licenses, enhance digital skills and engage in research-based practice. Continuous professional development, adaptability, and strong communication skills are essential to remain competitive in Malaysia's evolving sports industry.

ONE CAREER LESSON LEARNED THE HARD WAY

One lesson I learned the hard way is that success as an athlete does not automatically translate into success as an academic. Discipline and resilience helped, but I had to relearn how to think critically, publish strategically and communicate scientifically. The transition required humility and accepting that being a beginner again is part of professional growth.

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