



But, for the purpose under athletic medicine, the data is very significant to identify the cause of sporting injuries, reveal previously unsuspected injury problem, verifying the effectiveness of preventive measure, calculating the risks of injuries for each sports activities and finally, providing an outline of long term injury trends in specifics sports (McKeag et al., 1993).

All the literature reviewed in this study mostly referred to international populations and with this investigation it also provide significant value in providing the results of the study that might refer to Asian native, especially for Malaysian resident. Undoubtedly, study in this area provides significance impact to sports community, and it needs to be conducted vigilantly. From earlier discussions, the identification of injury patterns is essential in order to develop some effective prevention of sports injury among our precious potential and talented adolescent athletes. Therefore, this study can assist all parties involved directly or indirectly in sports area by determining the injury patterns among adolescent athletes.

